

CURRICULUM VITAE

THOMAS ERIC THORSHEIM, PHD, CGP Licensed Psychologist Certified Group Psychotherapist

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EDUCATION

Doctor of Philosophy

August 2002

Educational Psychology (Counseling Psychology)

The University of Texas at Austin

Master of Arts

December 1999

Educational Psychology (Program Evaluation)

The University of Texas at Austin

Bachelor of Arts, *cum laude*

June 1993

Psychology

Carleton College, Northfield, Minnesota

National Merit Scholar 1989-93

MEMBERSHIPS & REGISTRATIONS

American Psychological Association

American Group Psychotherapy Association

Carolinas Group Psychotherapy Society

National Register of Health Service Providers in Psychology

Society for Personality Assessment

South Carolina Psychological Association

CURRENT EMPLOYMENT

Psychologist in Private Practice

(April 2005 to Present)

Thomas E. Thorsheim, PhD, Inc.

Greenville, South Carolina

Provide comprehensive individual and group psychotherapy, psychological assessment, and executive/physician coaching services. My clinical interests and expertise are in the areas of anxiety disorders, mood disorders, thought disorders, ADHD, and learning disabilities. My coaching interests are in helping executives and health care professionals enhance career fulfillment, leadership, quality of work, and productivity.

PAST EMPLOYMENT

Part-Time Consulting Psychologist

(April 2005 to June 2007)

Self Regional Hospital
Neuropsychology Services
Greenwood, South Carolina

Provided psychological and neuropsychological testing services on an inpatient and outpatient basis to assist in the diagnosis of mood and anxiety disorders, autistic spectrum disorders, personality disorders, ADHD, learning disabilities, dementia, and psychosis.

Director of Psychology Consultation Services

(September 2003 to April 2005)

Southwest Mental Health Center
San Antonio, Texas

Managed the psychological evaluation and consultation service for an inpatient/outpatient psychiatric hospital and community mental health center.

Psychologist in Private Practice

(June 2004 to April 2005)

San Antonio, Texas

Provided comprehensive psychotherapy and psychological assessment services for children, adolescents, and adults. In addition, conducted disability evaluations for the Texas Department of Assistive and Rehabilitative Services (Vocational Rehabilitation).

Quality Assurance Consultant

(June 2003 to April 2005)

Southwest Mental Health Center
San Antonio, Texas

Designed organizational assessment strategies to measure the efficacy of various hospital processes, with the goal of producing positive organizational change.

POST-DOCTORAL TRAINING

Psychology Post-doctoral Trainee

(September 2002 to August 2003)

Southwest Mental Health Center
San Antonio, Texas

Provided inpatient and outpatient psychological assessment services in an acute child and adolescent psychiatric hospital. Offered ongoing psychological assessment seminars to clinical staff.

PRE-DOCTORAL RESIDENCY IN CLINICAL PSYCHOLOGY

University of Texas Health Science Center at San Antonio (UTHSCSA)

(August 2001 to August 2002)

San Antonio, Texas

Residency in Clinical Psychology through the UTHSCSA Department of Psychiatry.

RESIDENCY ROTATIONS

University of Texas Health Science Center at San Antonio

Department of Psychiatry Psychotherapy Service

(August 2001 to August 2002)

San Antonio, Texas

Provided outpatient, intermediate-to-long-term individual and group psychotherapy on an outpatient basis.

San Antonio State Hospital – Adult Unit

(August 2001 to January 2002)

San Antonio, Texas

Provided psychological assessment and supportive group psychotherapy to an acute adult population in an inpatient psychiatric hospital.

University of Texas Health Science Center at San Antonio

Student Services

(August 2001 to January 2002)

San Antonio, Texas

Provided individual and couple's therapy to students in medical/dental/allied health professions.

Rosa Verde Family Health Group

(February to August 2002)

San Antonio, Texas

Provided outpatient family-based psychotherapy and psychological assessment services in a multi-cultural community mental health center.

University Hospital-Psychiatric Emergency Services

(Spring 2002)

San Antonio, Texas

Conducted diagnostic interviews and mental status examinations in an acute emergency room setting.

South Texas Addiction Research & Treatment Center (START)

(February to August 2002)

San Antonio, Texas

Conducted diagnostic interviews and cognitive-behavioral individual and group therapy to participants in clinical research trials. The project at the START Center (directed by Bankole Johnson, MD, PhD) evaluated the efficacy of medications (e.g. ondansetron and naltrexone) and/or psychotherapy in treating alcohol dependence.

ADDITIONAL FORMAL CLINICAL TRAINING

Austin State Hospital—Adult Acute Psychiatric Unit

(June to August 2000)

Austin, Texas

Doctoral-level practicum in assessment and individual and group psychotherapy.

Capital Area Mental Health Center

(August 1999 to November 2000)

Austin, Texas

Doctoral-level practicum in outpatient adult, individual psychotherapy.

Children’s Wellness Center

(September 1998 to May 1999)

Austin, Texas

Doctoral-level practicum in child/adolescent psychotherapy and psychological assessment.

The University of Texas Counseling & Mental Health Center

(September 1997 to May 1998)

Austin, Texas

Doctoral-level practicum in individual psychotherapy with a college student population.

Meadow Brook Project

(September 1996 to May 1997)

Austin, Texas

Doctoral-level practicum in community mental health and psychoanalytically-based ethnographic research. Clientele: At-risk youth and their families (in a housing project milieu).

ADDITIONAL CLINICAL EXPERIENCE

University of Texas Telephone Counseling

(November 2000 to August 2001)

Austin, Texas

Part-time staff member of the university's 24-hr Telephone Counseling and Referral Service. Responded to crisis calls from students and provided phone-based interventions for stabilization.

Psychometrist for David Poole, Ph.D., Psychologist

(September 1996 to September 1999)

Austin, Texas

Conducted diagnostic interviews and psychological assessments with a culturally diverse clientele involving Child Protective Services cases and other concerns.

Time Commitment: 20 hours per week.

PROGRAM EVALUATION PRACTICUM EXPERIENCE

Research Consultant at the Children's Wellness Center

(June to August 1998)

Austin, Texas

Designed a research methodology to assess treatment outcomes and efficacy of service processes in a school-based community health clinic.

RESEARCH EXPERIENCE

Dissertation

(2002)

Modification of Ability Beliefs and Help-Seeking Behavior in Response to Self-Verifying and Non-Self-Verifying Performance Feedback

The University of Texas at Austin

Austin, Texas

Master's Thesis

(1997)

Exploring the Meaning of "Need" in an Ego-Central Helping Context

The University of Texas at Austin

Austin, Texas

Graduate Research Team Member

(1996 to 1998)

An Inquiry into Dominant Discourse Themes in Heterosexual Dating Situations
The University of Texas at Austin
Austin, Texas

Research Intern – Department of Institutional Research

(1991 to 1993)

Carleton College
Northfield, Minnesota

Senior Thesis

(1993)

The Influence of Help-Giving, Mood, and Self-Esteem on Help-Seeking Behavior
Carleton College
Northfield, Minnesota

Higher Education Market Research Consultant – George Dehne & Associates

(1992 to 1993)

Offsite consultant in Northfield, Minnesota with David Brodigan, Ph.D.

TEACHING EXPERIENCE

Teaching Assistant & Research Assistant in Marketing Research

(September 1999 to August 2001)

The University of Texas at Austin - Red McCombs Graduate School of Business
Austin, Texas

ADDITIONAL PRIOR EMPLOYMENT

Rensselaerville Institute, South—Small Town Environment Program (STEP)

(June to August 1999)

Austin, Texas

Conducted evaluation research for the STEP program, a community self-help initiative to improve water and wastewater infrastructure in impoverished communities bordering Mexico. Project consisted of survey development, personal interviewing, and qualitative analysis.

Dell Computer Corporation

(September 1998 to September 2000)

Austin, Texas

Served as a contract consultant for Dell Computer's Analysis and Design department. Created measures to assess learning outcomes of employee training programs.

Helping Hand Home for Children

(September 1995 to September 1996)

Austin, Texas

Served as direct-care staff in a residential treatment center for emotionally and behaviorally disturbed children.

Laura Baker School

(November 1994 to August 1995)

Northfield, Minnesota

Residential counselor for developmentally disabled children and adults.

Catholic Worker House

(September 1993 to October 1994)

San Antonio, Texas

Full-time staff member at an innovative homeless shelter for families.

AWARDS AND HONORS

Educational Psychology Outstanding Student Scholarship

(1998-99)

Department of Educational Psychology

University of Texas at Austin

Distinction in Major

(1993)

Department of Psychology

Carleton College

Distinction on Senior Comprehensive Exercise

(1993)

Department of Psychology

Carleton College

National Merit Scholar

(1989-1993)

Carleton College

Bachelor of Arts, cum laude

(1993)

Carleton College

MEDIA EXPOSURE

1/31/2005 “Certain Warning Signs May Be a Call for Help”

Interviewed by the San Antonio Express News

Article by Marina Pisano, Express-News Staff Writer

7/20/2007 “Out of the Ordinary: Families Struggle to Make Sense of Freak Accidents”

Interviewed by the Greenville Journal

Article by April Silvaggio, Greenville Journal Staff Writer

1/2010 “Keys to the Kingdom: Passing on a Job or Passing on a Legacy?”

Interviewed for the Business Blackbox

Article by Lydia Dishman

PRESENTATIONS

9/3/2003 “Diagnosis of Autistic-Spectrum Disorders in Children Ages Four and Above” Presented to psychologists, social workers, and other staff at Southwest Mental Health Center, in San Antonio.

12/3/2003 “Assessment of Malingering and Factitious Disorders”

Presented to psychologists, social workers, and other staff at Southwest Mental Health Center, in San Antonio.

3/16/2004 “An Introduction to Therapeutic Assessment”

Presented to clinical psychology residents at the University of Texas Health Science Center at San Antonio.

8/4/2004 “Identifying Personality Disturbance in Pre-Adolescence”

Presented to psychologists, social workers, and other staff at Southwest Mental Health Center, in San Antonio.

9/8/2004 “Assessment of Personal Strengths in Children and Adolescents”

Presented to psychologists, social workers, and other staff at Southwest Mental Health Center, in San Antonio.

10/28/2004 “What is Psychological Assessment?”

Presented to the Executive Committee/Board of Southwest Mental Health Center, in San Antonio.

1/12/2005 “Assessing Dissociation”

Presented to psychologists, social workers, and other staff at Southwest Mental Health Center, in San Antonio.

1/17/2005 “A Review of Statistical Findings from SMHC Quality Assurance Initiatives”

Presented to the Quality Council at Southwest Mental Health Center, in San Antonio.

3/3/2005 “How a Psychological Evaluation Can Help Your Child and Family”

Presented to parents and mental health practitioners at San Antonio’s “First Thursday for Your Health” meeting at Rosa Verde Behavioral Health, in San Antonio.

9/6/2006 “An Introduction to Psychological Assessment”

Teleconference presentation to the undergraduate psychology students of John Eric Swenson, Ph.D. at McMurry University, Abilene, Texas.

11/14/2006 “Psychological Assessment in the Hospital Setting”

Presented to nursing students at Self Regional Healthcare, Greenwood, South Carolina.

9/5/2007 “An Introduction to Psychological Assessment”

Teleconference presentation to the undergraduate psychology students of John Eric Swenson, Ph.D. at McMurry University, Abilene, Texas.

3/27/2009 “Lessons from the Heart of HR: Strategies to Stay Healthy, Reassuring, and Inspired During Challenging Times”

Presentation to the Southwest Metro HR Association, Minneapolis, Minnesota

7/12/2010 “Navigating the Emotions of Transition”

Presentation to Golden Career Strategies’ Executive Roundtable, Greenville, South Carolina

3/19/2015 ““The Stressed Out Home: Helping Your Child Deal with the Stress of School without Becoming Stressed Out Yourself”

Presentation to parents at Spartanburg Day School, Spartanburg, South Carolina

International Coach Federation-Accredited Coach Training

Mentor Coach:

Coaching Foundations (31 week course by Jeffrey Kaplan, PhD, MBA)

Coaching Ethics & Risk Management (8 week course by Eric Harris, JD, EdD)

Executive Coaching (24 week course by Anne Durand)

Physician Coaching Institute:

Physician Development Coaching (24 week course by Francine Gaillour, MD)